

Guidelines to Prevent the Spread of COVID-19 in In-Person Classes

College of Arts and Sciences / Graduate School of Arts and Sciences
The University of Tokyo

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In accordance with the change, on May 8, 2023, in the status of COVID-19 under the Infectious Diseases Control Law to a Category 5 Infectious Disease, the Task Force on Novel Coronavirus Countermeasures discussed the University's policy and decided to continue to implement basic infection control measures such as avoiding the "three Cs," ensuring distance between people, hand washing and other hand hygiene practices, and ventilation. In addition, regarding the wearing of masks, we will, in principle, continue to follow government policy, but course instructors can continue to instruct students to wear masks when and if necessary.

In accordance with University policy and in response to the change in status of COVID-19 to a Category 5 Infectious Disease, the College and Graduate School will take the following measures.

1. Infection Prevention Measures when Conducting Face-to-Face Classes

In principle, lectures are held in person. Infection prevention measures shall be taken as follows:

- Actions related to indoor density
 - The number of students permitted in one classroom shall be based on the number of students the classroom can hold.
- Actions related to airborne droplets, sterilization, etc.
 - The wearing of masks is left to the discretion of the individual. However, if the course instructor determines that wearing a mask is necessary due to the form or method of the class, or if it is determined that the operation of the class would be impeded without it, he/she may instruct students to wear a mask.
 - It is recommended that you disinfect your hands with sterilizing alcohol, as appropriate, before class.
- Actions related to ventilation in classrooms
 - The course instructor should, as much as possible, pay attention to ventilation in the classroom

by using air conditioning and ventilation equipment, opening windows, etc.

○ Other actions

- If you are infected with COVID-19 or feel unwell, it is recommended that you recuperate at home or elsewhere as appropriate. If you need to cancel a class, register it with the university administration system (UTAS).
- In exercises, experiments, practical training, practical skills, individual instruction, etc., try to ventilate as much as possible, depending on the size of the classroom and the number of students taking the course.
- Regarding infection prevention measures for fieldwork and other activities involving cross-prefecture travel, in addition to those measures taken on campus, appropriate measures should be taken in accordance with local conditions. (When overnight stays are involved, it is recommended that basic infection prevention measures be taken such as wearing masks when using transportation.)

2. Instruction for Students on Prevention Measures

We will continue to instruct students with regard to basic infection prevention measures:

○ Precautions in class

- The wearing of masks is left to the discretion of the individual. However, if the instructor in charge of the class determines that it is necessary to wear a mask due to the form or method of the class, or if it is determined that the operation of the class would be impeded without it, the student may be instructed to wear a mask. Students, therefore, are asked to always bring a mask (preferably a non-woven one) with them.

○ Precautions before and after class

- If you are infected with COVID-19 or feel unwell, it is recommended that you do not come to campus and instead recuperate at home or elsewhere, as appropriate. If you are going to be absent from class, you should contact the instructor in charge of the class as necessary and follow his/her instructions.
- It is recommended that you disinfect your hands with sterilizing alcohol as appropriate.