

To Students and Faculty members

Graduate School of Arts and Sciences, College of Arts and Sciences  
Graduate School of Mathematical Sciences

### Responding to infectious disease outbreak of the novel coronavirus

Many cases of patients with pneumonia caused by a novel coronavirus in Wuhan City, Hubei Province, China, have been reported in the media, and the infection is spreading both beyond Wuhan City in China and internationally. Please take appropriate measures to prevent infection in accordance with the relevant information.

If you have recently been in China, please do the following:

- For 14 days after you arrive in Japan, during the presumed incubation period for the virus, try to rest at home as much as possible. (This does not mean that you need to cancel your normal work or study activities.) Take careful note of any change in your physical condition and symptoms and manage your physical health appropriately. If you have symptoms such as a cough or fever, seek a diagnosis at a medical institution and inform the physician that you have been in China recently.

Students who might have to miss a thesis defense or similar university event because of being infected with the virus or resting at home during the presumed incubation period, should consult with their department office beforehand.

- General measures for avoiding infection are as follows:

- Avoid close contact with people who have symptoms of acute respiratory infection.
- Wear a face mask.
- Wash your hands frequently using an alcohol-based hand cleanser or with soap and water, and gargle well.
- Avoid close contact with wild or farm animals (alive or dead).
- Practice “cough etiquette”: When coughing or sneezing, keep some distance from other people and cover your mouth and nose with a tissue, cloth, or handkerchief.

Please also refer to the following websites:

- National Institute of Infectious Diseases (in English)  
<https://www.niid.go.jp/niid/en/>
- World Health Organization (in English)  
<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>
- The State Council, The People's Republic of China (in Chinese)  
<http://www.gov.cn/xinwen/tujie/qita.htm>
- Ministry of Health, Labour and Welfare (in Japanese):  
[https://www.mhlw.go.jp/stf/newpage\\_08998.html](https://www.mhlw.go.jp/stf/newpage_08998.html)
- Ministry of Foreign Affairs of Japan Travel Information (in Japanese):  
<https://www.anzen.mofa.go.jp/>