

# Group-II Students Medical Checkups

## for Undergraduate and Postgraduate Students (Excluding New Students Enrolled in April, 2014) and for Research Fellows

Please make a reservation through the following website if you wish to take your medical checkup on Hongo Campus. (<http://www.hc.u-tokyo.ac.jp/>) Reservation opens from 10am on April 9, 2014

### 1. Students and Research Fellows Eligible for Group-II Medical Checkup:

Students and Fellows required to take the group-II checkups are as follows:

- Undergraduate Students (excluding new students enrolled in April, 2014)
- Postgraduate Students (excluding new students enrolled in April, 2014)
- Research Fellows (Pre-registration required. Please ask staff in your faculty. )

### 2. Venue and Date:

<Hongo Campus>

Hongo Health Service Center (Administration Bureau Bldg.2, 2<sup>nd</sup> floor)

\* Please make a reservation through the website if you wish to take your medical checkup on Hongo Campus.

Time \ Dates	AM	PM
	9:00 ~ 11:45	13:30 ~ 16:00
Apr 23 (Wed)	Women	Men
Apr 24 (Thu)	Men	Men
Apr 25 (Fri)	Men	Women
Apr 28 (Mon) ~ May 2 (Fri)	No examinations during this period	
May 7 (Wed)	Men	Women
May 8 (Thu)	Men	Women
May 9 (Fri)	Men	Men
May 12 (Mon)	Women	Women
May 13 (Tue)	Men	Men
May 14 (Wed)	Men	Women
May 15 (Thu)	Men	Men
May 16 (Fri) ~ May 19 (Mon)	No examinations during this period	
May 20 (Tue)	Men	Women
May 21 (Wed)	Men	Men
May 22 (Thu)	Women	Men
May 23 (Fri)	Women	Men
May 26 (Mon)	Men	Men

< Komaba Campus > Komaba Health Service Center

Dates \ Time	AM	PM
	9 : 15 ~ 12 : 30	14 : 00 ~ 15 : 45
Jun 11 (Wed)	Women	Women
Jun 12 (Thu)	Men	Men
Jun 13 (Fri)	Men	Men
Jun 16 (Mon)	Men	Men
Jun 17 (Tue)	Women	Women
Jun 18 (Wed)	Men	Men
Jun 19 (Thu)	Women	Men
Jun 20 (Fri)	Men	Men

< Kashiwa Campus > 1<sup>st</sup> floor of Kashiwa Library

Dates \ Time	AM		PM	
	9:30 ~ 10:30	10:45 ~ 11:45	13:30 ~ 14:30	14:45 ~ 15:45
Jun 26 (Thu)	Men Born: Nov. ~ Dec.	Men Born: Sep. ~ Oct.	Men Born: Jul. ~ Aug.	Women Born: Jul. ~ Dec.
Jun 27 (Fri)	Men Born: May ~ Jun.	Women Born: Jan. ~ Jun.	Men Born Mar. ~ Apr.	Men Born: Jan. ~ Feb.

To ease congestion on the day, please come to the location on the designated date.

However, you may still come for a checkup on any of the dates during the checkup period.

Male students and research fellows should choose slots for "Men", and vice versa.

### 3. Items of Group-II Medical Checkups:

- ① History taking and medical questionnaires, blood pressure evaluation
- ② Chest X-ray examination
- ③ Height and body weight measurement
- ④ Mental Health Questionnaire (for Postgraduate Students, Research Fellows)

- 1) **Please note the following points on the Health Checkup:** Please make a reservation through the following website if you wish to take the medical checkup on Hongo Campus. For details on the reservation, access <http://www.hc.u-tokyo.ac.jp/>. UTnet access is required to make reservations.
- 2) Visiting researchers are required to register in advance before coming for a checkup each year. You need to have your common ID to register since 2013. Please check with your department whether you need to take a student or staff checkup.
- 3) Please bring your Student ID card. If you do not have a Student ID card, please obtain and bring your certificate of enrollment.
- 4) Medical checkup schedule may change without notice. Please check the website before turning up for your medical checkup.
- 5) As chest X-rays will be taken, please wear light clothing. Women are requested to wear thin, plain-colored T-shirts without buttons or metal fittings, and please do not wear "bra-top" type clothing. Please bring something to tie your hair if you wear it long. Also, please make sure you are able to bare your ankles for the electrocardiography – therefore please refrain from wearing tights or stockings.
- 6) Health certificate can be issued from three weeks from the date of examination. The results of the first day will become available first.
- 7) Please call the relevant Health Service Center if you are unable to attend the checkup during the dates because of justifiable reasons, such as hospitalization and so on.

- 8) All students are required to have a health checkup. Without medical checkup documentations, you will not be able to obtain certificates required for enrolling in specialty courses, moving to another university and for making various applications. If you miss the health check up on this occasion, the next available checkup will not be until the following year.
- 9) Those who need special assistance should contact us in advance.

**Contact:**

**Hongo Health Service Center Phone: 03-5841-2580 (ext. 22579, 22580)  
E-mail: [hoken-kanri-hongo@ml.adm.u-tokyo.ac.jp](mailto:hoken-kanri-hongo@ml.adm.u-tokyo.ac.jp)**

**Kashiwa Health Service Center Phone: 04-7136-3040 (ext. 63040)  
E-mail: [kashiwa@hc.u-tokyo.ac.jp](mailto:kashiwa@hc.u-tokyo.ac.jp)**

**Komaba Health Service Center Phone: 03-5454-6180 (ext. 46180)  
E-mail: [komaba-kanri@hc.u-tokyo.ac.jp](mailto:komaba-kanri@hc.u-tokyo.ac.jp)**