**To All Students** 

# On your extracurricular activities during Golden Week (Holidays including April 27-29, May 3-6), pay great attention to the followings!

## **Consumption of Alcohol**

Drinking Alcohol can cause serious problems!

- No Underage Drinking (In Japan, drinking alcohol under the age of 20 is prohibited by law.). (Also, forcing minors under the age of 20 to drink alcohol is strictly prohibited.)
- No chug-a-lug (ikki-nomi)/ mixing (chanpon) nor excessive alcohol consumption.
- Refuse to drink when you are in poor health/under-medicated or when you would not like to.

#### How to care for people who have passed out after drinking;

- Persuade him/her to stop drinking without delay, if he/she looks bad.
- Never leave the person alone.
- Lay the person on his/her side to avoid suffocation with vomit. If the person is going to vomit, do not sit him/her upright. Lay him/her on his/her side to vomit.
- Once you find it dangerous, call an ambulance without hesitation.

#### **No Alcohol Harassment!**

The following conduct is considered to be serious Alcohol-related harassment, which could lead to someone's death.

Harassment includes chug-a-lug (ikki-nomi), drinking as a penalty in a game, applying silent pressure or saying it is a tradition, creating an atmosphere where people cannot refuse drinks, offering only alcoholic beverages on a table, getting drunk and picking fight, or using abusive language.

If you see any of the cases above, please contact the Student Support Division immediately.

#### Camping Report

Those who are planning to participate in a training camp or have a game played outside of the campus should provide the information to the Student Support Division in advance in case of an accident/emergency. The form is available at Counter no.8 on the first floor of Administration Bldg. as well as on the following website;

http://www.c.u-tokyo.ac.jp/campuslife/procedures/index.html (Japanese website)

# Observe Good Manners

Regrettably, the university sometimes receives complaints about the nuisances conducted by our students. Such behaviors as making too much noises or shouting in public places including residential areas, parks or train stations cause great annoyance to others. As a student of the University of Tokyo, please note that you should have good manners anytime off-campus as well as on campus.

## Unsolicited Approaches

A number of cases relating to religious cults have been reported at Komaba Campus. They often choose a university student as a target inside the campus. You should be careful not to become a victim to their allurement especially during Golden Week.

- They are known to pretend some groups for music concerts, sports events, and workshops and so on.
- <u>A member often approaches to you saying "Tell me the way ", "I am an alum" and other</u> words. He /she tries to get acquainted with you to invite you into his/her group.
- They try to obtain your personal data through some questionnaire and solicit you.

#### How to Prevent Solicitation

- Do not give out your personal information including your name, email/postal address, phone number and so on.
- Be wary if anyone tries to separate you from your friends. (Cult groups often try to limit a target's contact with his/her friends, family or others.)
- If you find the person suspicious, make sure to get his/her name of the organization, affiliation, position and so on. Or ask him/her to show the identification card.
- Be wary not to be taken to a club room outside of your own campus.
- Do not be deceived by those supportive of the person soliciting your participation.
- Do not hesitate to consult with your friends or family, if you find anything weird.

If you ever find something suspicious about a solicitation, please contact the Student Support Division or Gatehouse by the main gate immediately.

Emergency Contact

Daytime on Weekdays: Student Support Division (1<sup>st</sup> floor, Administration Bldg.) TEL: 03-5454-6074

Outside Office Hours: Gatehouse (by the main gate ) TEL: 03-5454-6666