To: Students of the Graduate School of Arts and Sciences, Junior and Senior Divisions of the College of Arts and Sciences, Graduate School of Mathematical Sciences, and Department of Mathematics in the School of Science

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COVID-19 Precautions and Other Important Matters for Komaba I Campus During Summer Vacation

Thank you all for your continued cooperation with the countermeasures against COVID infections.

Due to the resurgence of COVID-19 infections, the number of people infected at UTokyo has been on the rise. The causes of infection include eating, drinking, and congregating in large groups, infection from roommates, and infection at overseas locations.

During the summer vacation, after the regular examinations have ended, all undergraduate and graduate students are advised to continue to refrain from eating and drinking in large groups.

While extracurricular activities remain very important for you, they must be conducted in accordance with the following university-wide guidelines on extracurricular activities during Level A; that level corresponds to Stage Yellow I on the Komaba I Campus, so please refer to those guidelines as well. In any case, please take all necessary precautions to prevent infections, including before and after your extracurricular activities, so as not to create clusters. University-wide guidelines on extracurricular activities in Level A (in Japanese) https://www.u-tokyo.ac.jp/covid-19/ja/students/policy-A.html

Guidelines for the prevention of the spread of COVID-19 on the Komaba I Campus (in Japanese)

https://www.c.u-tokyo.ac.jp/info/covid19/20220328-activity-aestriction-level.pdf

To keep COVID-19 infections from spreading again, it is important to continue implementing existing infection control measures thoroughly. Please continue to use masks, hand sanitizers, and social distancing when in crowded places or when near elderly people, and avoid eating, drinking, and socializing in environments where droplets and contact are likely to occur. In addition, please actively consider getting vaccinated at a medical institution and being tested to ensure more complete control of your physical condition.

Precautions against heat are also necessary. While remaining careful to avoid the spread of droplets, take appropriate measures to replenish fluids and salt. Engage in activities that are appropriate for the current temperature, while removing and putting on your mask as appropriate.

Preventing the spread of COVID-19 infections (in Japanese)

https://www.u-tokyo.ac.jp/content/400180772.pdf

University of Tokyo Health Service Center website (in English and Japanese)

https://www.hc.u-tokyo.ac.jp/en/

In addition to preventing infections, students who have reached drinking age are urged to maintain moderation in their behavior, as alcohol consumption may have negative effects on health. Please do not engage in dangerous or illegal activities that could lead to life-threatening accidents, such as pressuring others to drink alcohol or drinking alcohol yourself if you are under the age of 20.

In addition, please be mindful to comply with laws, regulations, and social norms. Do not say or do anything inappropriate on the Internet or in any media, do not possess or use illegal or dangerous drugs (including law-evading herbs), and do not commit any other criminal acts such as harassment, sex crimes, or fraud.

As you know from recent news reports, you should also be aware of cult groups and unscrupulous business practices. Students with little social experience are particularly likely to be targeted by cults and fraudsters. Be very cautious about revealing personal information about yourself, and take appropriate actions such as refusing or ignoring people who seem suspicious.

Keeping in mind the general student population of UTokyo, we offer advice about appropriate student life and what to keep in mind in your daily life on university websites and in the booklet "Hongo Student Life 2022" (in Japanese). Please refer to the following URL for precautions about student life; this site includes information on following rules, drinking, drug abuse, information ethics and SNS, research ethics, harassment, cults and suspicious persons, consumer problems, and other important issues.

Precautions for student life (in Japanese)

https://www.u-tokyo.ac.jp/ja/students/reference/notice.html

UTokyo also has offices where you can ask for help when you encounter any problems or difficulties in your student life. If you have any problems whatsoever, please do not keep your worries to yourself. Feel free to contact these offices.

Student counseling offices

Center for Research and Development of Counseling Support website (in English and Japanese): http://dcs.adm.u-tokyo.ac.jp/en/

Komaba Student Counseling Center website (in Japanese): http://kscc.c.u-tokyo.ac.jp/

Though dated July 15, the following reminder gives useful advice for the summer break as well.

Important notice from Student Support, College of Arts and Sciences (in Japanese) Precautions for prevention of the spread of infection during the period before regular examinations and during summer vacation

https://www.c.u-

tokyo.ac.jp/campuslife/7b8aa4ed1f24abb6eed8d7da40aa4c39b8586fc7.pdf

We look forward to seeing you all again at the beginning of the A Semester and A1 Term. Both faculty and staff are now preparing for the coming semester. While continuing to be cautious about infections and other matters as described above, please have a good and productive summer vacation.