

Group-II Students Medical Check-ups

Undergraduate and Postgraduate Students (Excluding New Students Enrolled in April, 2017) and Research Students

Medical checkups are required by law. Please make sure you attend the check-ups during the specified period

Please make a reservation through the following website if you wish to take the medical check-up. More information on making a reservation for your medical check-up can be found on [<http://www.hc.u-tokyo.ac.jp/en/index.html>]. Reservations open from 10am on April 11, 2017.

Please check the bulletin boards of your faculty or graduate school for information, UT-mate or UTask-web on how to login.

1. Students and Research Students Required to take the Group-II Medical Check-up:

Students and researchers required to take the group-II check-ups are as follows:

- Undergraduate Students (excluding new students enrolled in April, 2017)
- Postgraduate Students (excluding new students enrolled in April, 2017)
- Research Students (Pre-registration required each year. Please ask a staff in your faculty.)

2. Please bring following to the Health Check-up.

- ① Student ID Card / For visiting researchers: Identifications issued by your department
(If you do not have a Student ID card yet, please bring your Certificate of Enrollment.)
- ② Reservation number
- ③ Bring to wear or wear plain-colored T-shirts (see note 4-5) below)

3. Checks done during Group-II Medical Check-up:

- ① History taking and medical questionnaires, blood pressure evaluation
- ② Height and body weight measurement
- ③ Chest X- ray examination
- ④ Mental Health Questionnaire (only for those specified)

4. Please note the following points on the Health Checkup:

- 1) Please make a reservation through the following website. For details on the reservation, access <http://www.hc.u-tokyo.ac.jp/>. ※Priority is given to students who have a reservation. If you do not make a reservation, during busy periods you may have to wait a long time, or you may not be able to have the health check-up at that time.
- 2) Visiting researchers are required to register in advance before coming for a check-up each year. Please apply to your department to obtain your Common ID number. The Common ID is required when making reservation for your check-up and to check your result.
- 3) Medical check-ups can be taken on any campus. However, please make sure to have the medical check-ups without fail during the specified period.
- 4) Schedule for the medical check-up schedule may change without notice. Please check the website before turning up for your medical check-up.
- 5) As chest X-rays will be taken, please wear light clothing. Women are requested to wear thin, plain-colored T-shirts without buttons or metal fittings, and please do not wear “bra-top” type clothing. Please bring something to tie your hair if you wear it long. Also, please make sure you are able to bare your ankles for the electrocardiography – therefore please refrain from wearing tights or stockings.
- 6) Health certificate can be issued from three weeks from the date of examination. The results of the first day will become available first. If you urgently need a certificate, please make sure to take the health check-up on the earlier dates.
- 7) If you wish use the result of a check-up at another clinic, please call the relevant Health Service Center beforehand.
- 8) Please call the relevant Health Service Center if you are unable to attend the checkup during the dates because of justifiable reasons, such as hospitalization, studying abroad, taking leave of absence or working at one of the distant research facilities, etc.
- 9) All students are required to have a health checkup. After May, you will not be able to take a health check-up at the university and it will not be possible for the health center to issue medical check-up documentations. Without medical checkup documentations, you will not be able to obtain certificates required for enrolling in specialty courses, moving to another university and for making various applications. If you miss the health check up on this occasion, the next available checkup will not be until

the following year. However, you will be able to obtain the relevant certificates if you have health check-up at other hospitals at your own expense.

- 10) Those who need special assistance should contact us in advance, as we expect the period to be busy.
- 11) Valuables should be looked after individually during the health check-up. Please make sure that you do not lose or leave anything behind.

5. Venue and Date:

<Hongo Campus> Hongo Health Service Center (Administration Bureau Bldg. 2)

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM	PM
		9:00 ~ 11:30	1:15 ~ 3:45
Apr 18 (Tue)		Women	Men
Apr 19 (Wed)		Men	Men
Apr 20 (Thu)		Men	Women
Apr 24 (Mon)		Women	Men
Apr 25 (Tue)		Men	Women
Apr 26 (Wed)		Men	Men
Apr 27 (Thu)		Men	Men
May 16 (Tue)		Men	Men
May 17 (Wed)		Women	Men
May 18 (Thu)		Men	Men
May 19 (Fri)		Women	Men
May 22 (Mon)		Men	Women
May 23 (Tue)		Men	Men
May 25 (Thu)		Women	Men
May 26 (Fri)		Men	Men

<Kashiwa Campus> 1st floor of Kashiwa Library

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM		PM	
		9:30 ~ 10:45	10:45 ~ 11:30	1:15 ~ 2:15	2:15 ~ 3:45
May 11 (Thu)		Men		Men	Women
May 12 (Fri)		Women	Men	Men	

<Komaba Campus> Komaba Health Service Center

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM 9:00 ~ 11:30	PM 1:15 ~ 3:45
		Jun 14 (Wed)	Women
Jun 15 (Thu)	Men	Men	
Jun 16 (Fri)	Men	Men	
Jun 19 (Mon)	Men	Men	
Jun 20 (Tue)	Men	Women	
Jun 21 (Wed)	Men	Men	
Jun 22 (Thu)	Women	Men	
Jun 23 (Fri)	Men	Men	

Contact:

Hongo Health Service Center Phone: 03-5841-2580 (ext. 22579, 22580)
 E-mail: hoken-kanri-hongo#ml.adm.u-tokyo.ac.jp * Replace # with @

Kashiwa Health Service Center Phone: 04-7136-3040 (ext. 63040)
 E-mail: kashiwa#hc.u-tokyo.ac.jp * Replace # with @

Komaba Health Service Center Phone: 03-5454-6180 (ext. 46180)
 E-mail: komaba-kanri#hc.u-tokyo.ac.jp * Replace # with @

<Access Map>

Komaba : Komaba Health Service Center



Kashiwa : 1st floor of Kashiwa Library



Hongo : Hongo Health Service Center

