

To all students and staff

## Influenza Vaccination

Division of health and Health Promotion

Influenza vaccinations will be provided by the Division of Health and Health Promotion during the dates given below. Please note that priority will be given to students. Those wishing to receive the vaccination must register through the website: <https://www.hc.u-tokyo.ac.jp/en/ic/flushot/>

### 1. Eligibility:

Students, faculties and staff of the University of Tokyo (those who possess student or Staff ID cards issued by the University of Tokyo).

### 2. Fee

Students : JPY 2,500 / Staff and faculties : JPY 3,000

\* Cash only

### 3. Reservation:

\* The start time and the button to enter the website to make reservations differ for each venue.

\* Please note that reservations cannot be made by telephone.

\* Bookings made by staff on a students' schedule will be voided (and vice versa.)

Please check our website for details.

### 4. Venue and Date:

\* The start time and the button to enter the website to make reservations differ for each venue.

Please check our website for details.

### 5. What to bring on the day of the vaccination:

\* You need to bring ① - ④ as noted below, otherwise you will not be able to receive the vaccination.

#### ① Completed influenza vaccination questionnaire

- Download the form from the website <https://www.hc.u-tokyo.ac.jp/en/ic/flushot/>

Print it double-sided and fill in the necessary information and bring it with you on the day of the vaccination.

- Take your temperature on the day you are receiving the vaccination and fill in the information on the form.
- Please fill out the influenza vaccination questionnaire with black ink that cannot be erased. Do not use pencils.

#### ② Student and Staff ID card issued by the University of Tokyo.

#### ③ Vaccination fee: \*Cash only. Please make sure to have the exact amount ready when paying.

#### ④ Printed reservation information from the website or the email sent automatically on completing the booking.

- A print out of the screen, memo or photo image of the screen are acceptable.

\* Please cooperate in wearing a mask, preferably made of non-woven fabric.

## 6. Other important information:

- In order to prevent overloading of the reservation site, please note that there will be separate reservation sites as well as access dates and times for each campus. If access to the reservation website is difficult due to overloading at any one time, please try again later.
- Influenza vaccines are delivered in several batches. The schedule and reservation slots will be increased from time to time depending on the storage status of influenza vaccines. Please check our website regularly.
- The influenza vaccines may not be available as expected. In this case, we will inform you through the website.
- You will receive an interview from a physician on the day of the vaccination. Please note that depending on their diagnosis you may not be given the vaccination.
- Please carefully read the “Key Facts About Seasonal Flu Vaccine” manual before your visit.
- People who experience heavy secondary reactions after vaccinations cannot be inoculated at the Health Service Center.
- Please make sure to come at the reserved time.
- For those who would like to learn more about influenza or the effects of vaccines, please visit these link.

\* Health Information～Preventing influenza infection～

[2023-Win-E-.pdf \(u-tokyo.ac.jp\)](#)

\* [Influenza A \(H1N1\) \(mhlw.go.jp\)](#)

\* [https://www.mhlw.go.jp/bunya/kenkou/kekkaku-kansenshou01/qa\\_eng.html](https://www.mhlw.go.jp/bunya/kenkou/kekkaku-kansenshou01/qa_eng.html)



## 7.Contact

Hongo Health Service Center	03-5841-2579, 2580 (ext.22579, 22580) hoken-kanri-hongo.adm#gs.mail.u-tokyo.ac.jp
Komaba Health Service Center	03-5454-6180 (ext46180) hoken-kanri-komaba.adm#gs.mail.u-tokyo.ac.jp
Kashima Health Service Center	04-7136-3040 (ext63040) hoken-kanri-kashiwa.adm#gs.mail.u-tokyo.ac.jp

\* Replace # with @