

Group-II Students Medical Check-ups

Undergraduate and Postgraduate Students (Excluding New Students Enrolled in April, 2019) and Research Students

Medical checkups are required by law. Please make sure you attend the check-ups during the specified period.

Reservations and answering of the Online Medical Questionnaires is required

More information on the Medical check-up reservation and Online Medical Questionnaires can be found at <http://www.hc.u-tokyo.ac.jp/checkups/>

- Medical Questionnaires open from **5pm on March 1, 2019.** (Medical Questionnaires only.)
- Reservations are open for Men from **5pm on March 8, 2019.**
- Reservations are open for Women from **5pm on March 12, 2019.**

Please check the bulletin boards of your faculty or graduate school for information, UTAS web on how to login.

*A high degree of access is expected on the reservation start date which may cause difficulty in connecting or slow connection. In that case please access it once more at a later time.

1. The following students and research students required to take the Group-II Medical Check-up:

(excluding new students enrolled from December 2018 to April, 2019)

- Undergraduate Students
- Postgraduate Students
- Research Students
- Visiting researchers (Pre-registration required each year. Please ask a staff in your faculty.)

2. Venue and Date:

<Hongo Campus> Hongo Health Service Center (Administration Bureau Bldg. 2)

	AM(9 : 00~11 : 30)	PM(13 : 15~15:45)
Apr 15 (Mon)	Women	Men
Apr 16 (Tue)	Men	Women
Apr 17 (Wed)	Men	Men
Apr 18 (Thu)	Women	Men
Apr 19 (Fri)	Men	Men
May 8 (Wed)	Men	Women
May 9 (Thu)	Men	Men
May 10 (Fri)	Women	Men
May 13 (Mon)	Men	Men
May 14 (Tue)	Women	Men
May 15 (Wed)	Men	Men
May 16 (Thu)	Men	Women
Jun 25 (Tue)	Men	Men
Jun 26 (Wed)	Women	Men

<Kashiwa Campus> 1st floor of Kashiwa Library

	AM 9 : 30~11 : 30	PM 13 : 15~15 : 45
May 20 (Mon)	Men	Men
May 21 (Tue)	Women	Men

<Komaba Campus* > Komaba Health Service Center

	AM(9 : 00~11 : 30)	PM(13 : 15~15 : 45)
Apr 2 (Tue)*	Women	Men
Apr 3 (Wed)*	Men	Men
Jun 10 (Mon)	Women	Men
Jun 11 (Tue)	Men	Men
Jun 12 (Wed)	Women	Men
Jun 13 (Thu)	Men	Men
Jun 14 (Fri)	Men	Women

Reservations and Online Medical
Questionnaires

<http://www.hc.u-tokyo.ac.jp/checkups/>



For details and Venue

<http://www.hc.u-tokyo.ac.jp/checkups/students/>



*The examination venue is the Komaba Communication Plaza only on April 2nd and April 3rd.

*Reservations are not necessary for April 2nd and 3rd.

Please come directly to Komaba Communication Plaza during the reception time.

*On April 2nd and 3rd, visiting researchers cannot attend the check-ups.

3. Please bring following to the Medical Check-up.

- ① Student ID Card / For visiting researchers: Identifications issued by your department (If you do not have a Student ID card yet, please bring your Certificate of Enrollment.)
- ② Print out of the three QR codes (these will be displayed after the online questionnaires have been completed)
- ③ Reservation number
- ④ Bring to wear or wear plain-colored T-shirts (see note 4-5) below)

4. Checks done during Group-II Medical Check-up:

- ① History taking and medical questionnaires, blood pressure evaluation
- ② Height and body weight measurement
- ③ Chest X-ray examination

5. Please note the following points on the Medical Checkup:

- 1) Please make a reservation and answer the Online Medical Questionnaires through the following website. For details on the reservation and Online Medical Questionnaires, access (<http://www.hc.u-tokyo.ac.jp/>).
*Priority is given to students who have a reservation. If you do not make a reservation, during busy periods you may have to wait a long time, or you may not be able to have the medical check-up at that time.
*Your answers cannot be registered unless the QR codes are available and unnecessary time will be wasted during the check-ups redoing the questionnaire.
Please make sure to complete the questionnaire beforehand and to bring the QR codes with you.
- 2) Visiting researchers are required to register in advance before coming for a check-up each year. Please apply to your department to obtain your Common ID number. The Common ID is required when making reservation for your check-up and to check your result.
- 3) Medical check-ups can be taken on any campus. However, please make sure to have the medical check-ups without fail during the specified period.
- 4) Schedule for the medical check-up schedule may change without notice. Please check the website before turning up for your medical check-up.
- 5) As chest X-rays will be taken, please wear light clothing. You are requested to wear thin, plain-colored T-shirts without buttons or metal fittings, and please do not wear “bra-top” type clothing. Please bring something to tie your hair if you wear it long. Also, please make sure you are able to bare your ankles for the electrocardiography – therefore please refrain from wearing tights or stockings.
- 6) Health certificate can be issued from three weeks from the date of examination. The results of the first day will become available first. If you urgently need a certificate, please make sure to take the medical check-up on the earlier dates.
*Excluding schedule of Hongo area in April. For details, see the Health Center website.
- 7) If you do not take a medical check-up at the university during the specified period, you cannot be issued with a health certificate until the medical check-up next year. Costs for medical check-up at other medical institutions and for preparing medical check-up documents will be borne by you.
- 8) Please call the relevant Health Service Center if you are unable to attend the checkup during the dates because of justifiable reasons, such as hospitalization, studying abroad, taking leave of absence or working at one of the distant research facilities, etc.
- 9) If you wish use the result of a check-up at another clinic, please call the relevant Health Service Center beforehand.
- 10) Those who need special assistance should contact us in advance, as we expect the period to be busy.
- 11) Valuables should be looked after individually during the medical check-up. Please make sure that you do not lose or leave anything behind.

Contact: * Replace # with @

Hongo Health Service Center Phone: 03-5841-2579 (ext. 22579)
E-mail: hoken-kanri-hongo.adm#gs.mail.u-tokyo.ac.jp

Kashiwa Health Service Center Phone: 04-7136-3040 (ext. 63040)
E-mail: kashiwa#hc.u-tokyo.ac.jp

Komaba Health Service Center Phone: 03-5454-6180 (ext. 46180)
E-mail: komaba-kanri#hc.u-tokyo.ac.jp