

To Students, Faculty, and Staff

Graduate School of Arts and Sciences, College of Arts and Sciences
Graduate School of Mathematical Sciences

March 10, 2020

Responding to infectious disease outbreak of the novel coronavirus COVID-19

1. If you have recently entered Japan from another country, take the following measures:
 - (1) If you were recently in a country or region that is designated as Infection Hazard Information Level 2 or higher by Japan's Ministry of Foreign Affairs,* monitor your physical condition carefully for 14 days from the day you entered Japan. Take your temperature regularly, maintain healthful habits, and avoid going outside. Do not come to the university during that period. Inform your department that you are monitoring your health for a 14-day period. If you live in university housing, avoid using shared spaces such as lounges and halls.

*Information provided by the Ministry of Foreign Affairs about infection conditions in individual countries and regions is linked from the following page:
https://www.anzen.mofa.go.jp/covid19/country_count.html (Japanese)
 - (2) If you are unable to complete procedures for enrollment in the university or for moving into university-provided housing because you are outside Japan at the designated time, do those procedures as soon as you can after arriving in Japan. The College and Graduate Schools will take steps so that students who are unable to enter the country or attend classes due to this infectious disease outbreak are not penalized as a result. If you have any questions or problems in this regard, please consult with your department office.
2. Student groups should modify their extracurricular activities as follows:
 - (1) Think carefully about whether your group's activities might pose a risk of spreading infection. Depending on the situation, consider suspending your usual activities.
 - (2) Consider cancelling, postponing, or reducing the scale of extracurricular activities, including training camps, field trips, parties, recruiting events, and orientations for new members. If you are uncertain what to do, consult with the Student Support Office.

3. Counseling

The following counseling services are available for students who have personal concerns:

(1) International Students' Advisory Room and Counseling

<https://www.globalkomaba.c.u-tokyo.ac.jp/en/inbound/support/advising.html> (English)

<https://www.globalkomaba.c.u-tokyo.ac.jp/inbound/support/advising.html> (Japanese)

(2) Student Counseling Center

<http://dcs.adm.u-tokyo.ac.jp/scc/en/> (English)

<http://kscc.c.u-tokyo.ac.jp/> (Japanese)

(3) Office for Mental Health Support

<http://dcs.adm.u-tokyo.ac.jp/mhs/en/> (English)

<http://dcs.adm.u-tokyo.ac.jp/mhs/offices/> (Japanese)

Related Websites

(1) National Institute of Infectious Diseases

<https://www.niid.go.jp/niid/en/2019-ncov-e.html> (English)

<https://www.niid.go.jp/niid/ja/from-idsc/2482-corona/9305-corona.html> (Japanese)

(2) World Health Organization

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public>

(English)

(3) Ministry of Health, Labour and Welfare

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_00032.html (English)

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000164708_00001.html (Japanese)

https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/newpage_09534.html (Chinese)

(4) Ministry of Foreign Affairs' Overseas Safety Page

<https://www.anzen.mofa.go.jp/> (Japanese)