

# Group-II Students Medical Check-ups

## Undergraduate and Postgraduate Students (Excluding New Students Enrolled in April, 2015) and Research Students

The health check-ups on all three campuses are by reservation only. Reservations opens from 10 am Tuesday, April 7, 2015 and can be made through the following website:

<http://www.hc.u-tokyo.ac.jp/>

The login information (ID and PW) can be obtained on the screen after you log in to UTask-Web.

Medical checkups are required by law. Please make sure you attend the check-ups during the specified period

### 1. Students and Research Students Required to take the Group-II Medical Check-up:

Students and researchers required to take the group-II check-ups are as follows:

- Undergraduate Students (excluding new students enrolled in April, 2015)
- Postgraduate Students (excluding new students enrolled in April, 2015)
- Research Students (Pre-registration required. Please ask a staff in your faculty. )

### 2. Checks done during Group-II Medical Check-up:

- ① History taking and medical questionnaires, blood pressure evaluation
- ② Chest X-ray examination
- ③ Height and body weight measurement
- ④ Mental Health Questionnaire (for Postgraduate students, Research students)

### 3. Please note the following points on the Health Checkup:

- 1) Please make a reservation through the following website. For details on the reservation, access <http://www.hc.u-tokyo.ac.jp/>.
- 2) Visiting researchers are required to register in advance before coming for a check-up each year. From 2014, you need to have your common ID to register. Please check with your department whether you need to take a student or staff check-up.
- 3) Please bring your Student ID card. If you do not have a Student ID card, please obtain and bring your certificate of enrollment.
- 4) Medical check-ups can be taken on any campus. However, please make sure to have the medical check-ups without fail during the specified period.
- 5) Schedule for the medical check-up schedule may change without notice. Please check the website before turning up for your medical check-up.
- 6) As chest X-rays will be taken, please wear light clothing. Women are requested to wear thin, plain-colored T-shirts without buttons or metal fittings, and please do not wear "bra-top" type clothing. Please bring something to tie your hair if you wear it long. Also, please make sure you are able to bare your ankles for the electrocardiography – therefore please refrain from wearing tights or stockings.
- 7) Health certificate can be issued from three weeks from the date of examination. The results of the first day will become available first.
- 8) Please call the relevant Health Service Center if you are unable to attend the checkup during the dates because of justifiable reasons, such as hospitalization and so on.
- 9) All students are required to have a health checkup. Without medical checkup documentations, you will not be able to obtain certificates required for enrolling in specialty courses, moving to another university and for making various applications. If you miss the health check up on this occasion, the next available checkup will not be until the following year.
- 10) Those who need special assistance should contact us in advance.

### 4. Venue and Date:

<Hongo Campus> Hongo Health Service Center (Administration Bureau Bldg. 2)

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM	PM
		9:00 ~ 11:30	1:15 ~ 3:45
Apr 21(Tue)		Women	Men
Apr 22 (Wed)		Men	Men
Apr 23 (Thu)		Men	Women
Apr 24 (Fri)		Men	Women
Apr 27 (Mon)		Men	Men
Apr 28 (Tue)		Men	Men
Apr 30 (Thu)		Women	Men
Jun 10(Wed)		Men	Men
Jun 11 (Thu)		Men	Women
Jun 12 (Fri)		Men	Men
Jun 15 (Mon)		Men	Women
Jun 16 (Tue)		Men	Men
Jun 17 (Wed)		Women	Men
Jun 18 (Thu)		Women	Men
Jun 19 (Fri)		Men	Men

<Kashiwa Campus> 1<sup>st</sup> floor of Kashiwa Library

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM		PM	
		9:30 ~ 10:45	10:45 ~ 11:30	1:15 ~ 2:15	2:15 ~ 3:30
May 21 (Thu)		Men		Men	Women
May 22 (Fri)		Women	Men	Men	

<Komaba Campus> Komaba Health Service Center

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM	PM
		9:00 ~ 11:30	1:15 ~ 3:45
May 29 (Fri)		Women	Women
Jun 1 (Mon)		Men	Men
Jun 2 (Tue)		Men	Men
Jun 3 (Wed)		Men	Men
Jun 4 (Thu)		Men	Women
Jun 5 (Fri)		Men	Men
Jun 8 (Mon)		Women	Men
Jun 9 (Tue)		Men	Men

Contact: Hongo Health Service Center Phone: 03-5841-2580 (ext. 22579, 22580)

E-mail: [hoken-kanri-hongo#ml.adm.u-tokyo.ac.jp](mailto:hoken-kanri-hongo#ml.adm.u-tokyo.ac.jp) \* Replace # with @

Kashiwa Health Service Center Phone: 04-7136-3040 (ext. 63040)

E-mail: [kashiwa#hc.u-tokyo.ac.jp](mailto:kashiwa#hc.u-tokyo.ac.jp) \* Replace # with @

Komaba Health Service Center Phone: 03-5454-6180 (ext. 46180)

E-mail: [komaba-kanri#hc.u-tokyo.ac.jp](mailto:komaba-kanri#hc.u-tokyo.ac.jp) \* Replace # with @