

# Group-II Students Medical Check-ups

別紙 2

(英語)

## Undergraduate and Postgraduate Students (Excluding New Students Enrolled in April, 2016) and Research Students

Please make a reservation through the following website if you wish to take the medical check-up. More information on making a reservation for your medical check-up can be found on [<http://www.hc.u-tokyo.ac.jp/en/index.html>]. Reservations open from 10am on April 6, 2016.

Please check the bulletin boards of your faculty or graduate school for information, UT-mate or UTask-web on how to login.

Medical checkups are required by law. Please make sure you attend the check-ups during the specified period

### 1. Students and Research Students Required to take the Group-II Medical Check-up:

Students and researchers required to take the group-II check-ups are as follows:

- Undergraduate Students (excluding new students enrolled in April, 2016)
- Postgraduate Students (excluding new students enrolled in April, 2016)
- Research Students (Pre-registration required. Please ask a staff in your faculty. )

### 2. Please bring following to the Health Check-up.

- ① Student ID Card (If you do not have a Student ID card yet, please bring your Certificate of Enrollment.)
- ② Reservation number

### 3. Checks done during Group-II Medical Check-up:

- ① History taking and medical questionnaires, blood pressure evaluation
- ② Chest X-ray examination
- ③ Height and body weight measurement
- ④ Mental Health Questionnaire (only for those specified)

### 4. Please note the following points on the Health Checkup:

- 1) Please make a reservation through the following website. For details on the reservation, access <http://www.hc.u-tokyo.ac.jp/>. ※Priority is given to students who have a reservation. If you do not make a reservation, during busy periods you may have to wait a long time, or you may not be able to have the health check-up at that time.
- 2) Visiting researchers are required to register in advance before coming for a check-up each year. Please apply to your department to obtain your Common ID number. The Common ID is required when making reservation for your check-up and to check your result.
- 3) Medical check-ups can be taken on any campus. However, please make sure to have the medical check-ups without fail during the specified period.
- 4) Schedule for the medical check-up schedule may change without notice. Please check the website before turning up for your medical check-up.
- 5) As chest X-rays will be taken, please wear light clothing. Women are requested to wear thin, plain-colored T-shirts without buttons or metal fittings, and please do not wear “bra-top” type clothing. Please bring something to tie your hair if you wear it long. Also, please make sure you are able to bare your ankles for the electrocardiography – therefore please refrain from wearing tights or stockings.
- 6) Health certificate can be issued from three weeks from the date of examination. The results of the first day will become available first.
- 7) If you wish use the result of a check-up at another clinic, please call the relevant Health Service Center beforehand.
- 8) Please call the relevant Health Service Center if you are unable to attend the checkup during the dates because of justifiable reasons, such as hospitalization and so on.
- 9) All students are required to have a health checkup. Without medical checkup documentations, you will not be able to obtain certificates required for enrolling in specialty courses, moving to another university and for making various applications. If you miss the health check up on this occasion, the next available checkup will not be until the following year. However, you will be able to obtain the relevant certificates if you have health check-up at other hospitals at your own expense.

- 10) Those who need special assistance should contact us in advance, as we expect the period to be busy.  
 11) Valuables should be looked after individually during the health check-up. Please make sure that you do not lose or leave anything behind.

5. Venue and Date:

<Hongo Campus> Hongo Health Service Center (Administration Bureau Bldg. 2)

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM	PM
		9:00 ~ 11:30	1:15 ~ 3:45
Apr 11 (Mon)		Men	Women
Apr 12 (Tue)		Men	Men
Apr 13 (Wed)		Men	Women
Apr 14 (Thu)		Women	Men
Apr 18 (Mon)		Men	Men
Apr 19 (Tue)		Men	Men
Apr 20 (Wed)		Women	Men
Apr 21 (Thu)		Men	Men
Apr 22 (Fri)		Women	Men
Apr 25 (Mon)		Men	Men
Apr 26 (Tue)		Women	Men
Apr 27 (Wed)		Men	Men
Apr 28 (Thu)		Men	Women
May 9 (Mon)		Women	Men
May 10 (Tue)		Men	Men

<Kashiwa Campus> 1<sup>st</sup> floor of Kashiwa Library

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM		PM	
		9:30 ~ 10:45	10:45 ~ 11:30	1:15 ~ 2:15	2:15 ~ 3:45
May 26 (Thu)		Men		Men	Women
May 27 (Fri)		Women	Men	Men	

<Komaba Campus> Komaba Health Service Center

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates	Time	AM 9:00 ~ 11:30	PM 1:15 ~ 3:45
		Jun 3 (Fri)	Women
Jun 6 (Mon)	Men	Men	
Jun 7 (Tue)	Men	Men	
Jun 8 (Wed)	Men	Men	
Jun 9 (Thu)	Men	Women	
Jun 10 (Fri)	Men	Men	
Jun 13 (Mon)	Women	Men	
Jun 14 (Tue)	Men	Men	

Contact: Hongo Health Service Center Phone: 03-5841-2580 (ext. 22579, 22580)

E-mail: [hoken-kanri-hongo#ml.adm.u-tokyo.ac.jp](mailto:hoken-kanri-hongo#ml.adm.u-tokyo.ac.jp) \* Replace # with @

Kashiwa Health Service Center Phone: 04-7136-3040 (ext. 63040)

E-mail: [kashiwa#hc.u-tokyo.ac.jp](mailto:kashiwa#hc.u-tokyo.ac.jp) \* Replace # with @

Komaba Health Service Center Phone: 03-5454-6180 (ext. 46180)

E-mail: [komaba-kanri#hc.u-tokyo.ac.jp](mailto:komaba-kanri#hc.u-tokyo.ac.jp) \* Replace # with @