

Group- I Students Medical Check-ups New Graduate Students and Research Fellows Enrolled in April, 2015

The health check-ups on all three campuses are by reservation only. Reservations opens from 10 am on Tuesday, April 7, 2015 and can be made through the following website:

<http://www.hc.u-tokyo.ac.jp/>

The login information can be obtained from bulletin boards of your faculty or graduate school, or through the “Information for Students” screen available after you log onto UT-mate, the UTokyo Educational System.

Medical checkups are required by law. Please make sure you attend the check-ups during the specified period

1. The following students are required to take the Group-I Medical Check-ups:

Students admitted to the University of Tokyo in April, 2015 for example

- 1st year Master’s program students, doctorate program students, and professional degree program students
- Research students and undergraduate transfer students enrolling for the first time in April, 2015
- Undergraduate students enrolling into the 3rd year (those who were not enrolled at UTokyo in AY2014).

2. Venue and Date:

< Hongo Campus > Hongo Health Service Center (Administration Bureau Bldg. 2)

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates \ Time	AM		PM	
	9:00 ~ 11:30		1:15 ~ 3:30	
May 12 (Tue)	Women		Men	
May 13 (Wed)	Men		Men	
May 14 (Thu)	Men		Women	
Jun 22 (Mon)	Men		Women	
Jun 23 (Tue)	Men		Men	
Jun 25 (Thu)	Women		Men	
Jun 26 (Fri)	Men		Men	

< Kashiwa Campus > 1st floor of Kashiwa Library

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates \ Time	AM		PM	
	9:30 ~ 10:30	10:30 ~ 11:30	1:15 ~ 2:30	2:30 ~ 3:30
May 19 (Tue)	Men		Men	Women
May 20 (Wed)	Women	Men	Men	

< Komaba Campus > Komaba Health Service Center

Please make a reservation through the following website. (<http://www.hc.u-tokyo.ac.jp/>)

Dates \ Time	AM		PM	
	9:00 ~ 11:30		1:15 ~ 3:30	
May 27 (Wed)	Men		Women	
May 28 (Thu)	Men		Men	

3. Checks done during Group-I Medical Checkup:

- ① Urinalysis ※ 1
- ② Taking history and medical questionnaires, blood pressure evaluation
- ③ Electrocardiography
- ④ Chest X-ray examination
- ⑤ Height and body weight measurement
- ⑥ Blood analyses
- ⑦ Mental Health Questionnaire (only for those specified)

※1 :You will receive a urine sample container before the medical check-up. Please bring your urine sample taken first thing on the morning of the check-up. Students who do not receive a sample container from the administrative department should pick up a sample container from the Health Service Center.

4. Please note the following points on the Health Check-up:

- 1) Please make a reservation through the website. For details on the reservation, access (<http://www.hc.u-tokyo.ac.jp/>).
- 2) Medical check-ups can be taken on any campus. However, please make sure to have the medical check-ups without fail during the specified period.
- 3) Schedule of the medical check-up may change without notice. Please check the website before turning up for your medical check-up.
- 4) Please bring your Student ID card. If you do not have a Student ID card, please obtain and bring your certificate of enrollment.
- 5) As chest X-rays will be taken, please wear light clothing. Women are requested to wear thin, plain-colored T-shirts without buttons or metal fittings, and please do not wear “bra-top” type clothing. Please bring something to tie your hair if you wear it long. Also, please make sure you are able to bare your ankles for the electrocardiography - therefore please refrain from wearing tights or stockings.
- 6) Health certificate can be issued from three weeks from the date of examination. The results of the first day result become available first.
- 7) Please call the relevant Health Service Center if you are unable to attend the check-up during the dates because of justifiable reasons, such as hospitalization and so on.
- 8) All students are required to have a health check-up. Without medical check-up documentations, you will not be able to obtain certificates required for enrolling in specialty courses, moving to another university and for making various applications. If you miss the health check-up on this occasion, the next available check-up will not be until the following year.
- 9) Those who need special assistance should contact us in advance.

Contact:

Hongo Health Service Center Phone: 03-5841-2580 (ext. 22579, 22580)
E-mail: hoken-kanri-hongo#ml.adm.u-tokyo.ac.jp * Replace # with @

Kashiwa Health Service Center Phone: 04-7136-3040 (ext. 63040)
E-mail: kashiwa#hc.u-tokyo.ac.jp * Replace # with @

Komaba Health Service Center Phone: 03-5454-6180 (ext. 46180)
E-mail: komaba-kanri#hc.u-tokyo.ac.jp * Replace # with @